

The Chambers Connection

**Chambers
Construction**

Volume 3 Issue 2
March 2018

• BUILDING WHAT'S IMPORTANT IN PEOPLES' LIVES •

President's Message



Dave Bakke, President

BUILD IT LIKE YOU OWN IT!

*Build it like you own it, **one of our core values.*** More often than ever before, Owners are asking us how “we” think projects should be built, what materials, what systems, what’s affordable, what brings value and more importantly; what isn’t necessary.

My first thought when an Owner asks about what would be best for their project is; if it were mine, what would I do. It goes right back to our core value of *build it like you own it*. This value needs to flow throughout all of Chambers. Not just management, but everyone.

When you are doing your work, whether it be accounting, formwork, marketing, scheduling, submittal review or anything we/you do; ask yourself; if this were mine would I be building it like this. The word building isn’t just sticks and bricks, it includes thoughts, processes, attention to detail, productivity. It’s every

thing we do in our daily jobs.

Our goal at Chambers is to be the best at what we do for everyone we work for and everyone we work with. I ask everyone to step back and ask yourselves, are you “building it like you own it”?

Take pride in what you do, be proud of what you achieve, and the rest will take care of itself.

2018 is going to be great.

Go Chambers!
Dave B.

• Build long-term relationships before short-term gains • Build it like you own it •

• Stay positive; play to win-win • Be a teammate; communicate and act to build respectful and trusting relationships •



Grain Millers Flaking Penthouse Management Team:
Phil Finzer/Scot Moore/

Chinook Winds Casino Resort Parking Garage Management Team:
Pat Duerr./Scot Moore/
Jon McCoy/Cassandra Dare

Kendall Ford of Eugene Management Team:
Dave Bakke/Scot Moore/
Dennis Montgomery/
Kellie Norris

Mercedes Van Service Facility Management Team:
Brian Erickson/Scot Moore/Joe Huff

Northern Gold Foods Management Team:
Frank Travis/Scot Moore/
Doug Sullivan/Isaac Zornes

Lane County Charnelton Clinic Management Team:
Chris Boyum/Scot Moore/Mel Taylor

APEL Extrusions—Coburg Expansion Management Team:
Chris Boyum/Scot Moore/Jason Londo

Eugene Eye Care Management Team:
Brian Erickson/Scot Moore/Phil Finzer

Lane Surgery Center Management Team:
Brian Erickson/Scot Moore/Joe Huff

• Find the time and create opportunities to help each other • Be a problem solver, bring solutions daily •



At the annual benefits renewal meeting in December the company announced changes to benefits that include holiday pay for all field employees! The next holiday is on Memorial Day. In addition, employees who are Veterans get a paid day off each year (a day of their choice) in honor of their service.
Thank you!

The seven company paid holidays include: New Year’s Day, Memorial Day, The 4th of July, Labor Day, Thanksgiving Day, Friday after Thanksgiving and Christmas Day. Enjoy!

Employee Spotlight

Cassandra Dare...



Cassandra (far right in hat) at FOOD for Lane County with NAWIC

Cassandra Dare is a project engineer and has been with Chambers since 2014. She had previously worked for Liberty Bank for 18 years and had a close working relationship with Chambers Construction as the general contractor for many projects with the bank. She was in charge of new construction, demolition, remodels, managing the budgets, procurement of furniture, fixtures and equipment for all the branches state wide and much more.

When she joined our team, her skills were put to immediate use on the Serenity Lane Coburg Campus and then Pete Moore Hospice House where she says it was very rewarding to be a part of, as the services they provide give so much to our community. Cassandra is currently working on the Chinook Winds Parking Garage and is looking forward to her next assignment at the Eugene Civic Stadium project starting this year. When asked what she most likes about her job, she notes that, "Every day is different, there is a lot of variety and I never get bored."

Cassandra is very active in volunteering and supporting Womenspace, CASA, Bras for a Cause, and FOOD for Lane County to name a few. She is also an active member of NAWIC.

Cassandra married her husband Darryl on Super Pi Day π 03/14/2015 and they have been together for 17 years. They enjoy going to iFly in Port-

land an indoor sky diving facility and have experienced the thrill of riding shotgun in a real NASCAR race car in Vegas. Cassandra and Darryl are looking forward to an upcoming trip to San Francisco where they will enjoy one of their favorite hobbies—experiencing Michelin starred dining. This is an unforgettable wining and dining experience that is unique, original and has been around since 1900. This time they will try a 3 starred restaurant called Quince. She has three children and nine grandchildren. Cassandra also enjoys reading, gardening and her three beautiful cats.

Cassandra brings a lot of positive, upbeat energy to her work. She is always willing to help where needed. Thank you Cassandra for being an excellent team player!



Darren Babcock, Ken Smith, Anthony Johnson, and KC Taylor at Northern Gold Foods



Pat Waldnyski, Kevin Manning, Ryan Briggs, KC Taylor, Ken Smith, and Darren Babcock at Northern Gold Foods



Todd Keffer, Kendall Ford

April/May Anniversaries

Tammy Crafton	28
Darell Stinson	21
Ron Hartman	11
John Wright	5
Ryan Briggs	4
Dennis Montgomery	4
Pam Hansen	3
Kim Hutchens	3
Anthony Johnson	3
Janelle Welling	2

Birthdays

Pat Duerr	4/5
Tammy Crafton	4/6
Jon McCoy	4/12
Leroy Wyant	4/13
Horacio Garcia	4/14
Jack Makarchek	4/15
Levi Connelly	4/17
Frank Travis	4/29
Jenna North	5/1
Kevin Manning	5/1
Paul LaRose	5/3
Darren Babcock	5/9
Todd Keffer	5/26
Brayden Dugger	5/26

Employee Spotlight

Meet your Quality Control Team...



Jack Makarchek



Jerry Barr



Levi Connolly



Isaac Zornes

In 2005 Chambers Construction started training Jerry Barr as an “envelope specialist” focusing on quality control of the exterior (envelope) of buildings. Construction defects (especially with the exterior in Oregon) became a hot topic with insurance carriers due to claims industry-wide. The timing was right to re-train Jerry in this area and there were a few free, excellent resources offered by our carrier to help get us started. Experience has shown us this was a good move!

Since we have always been quality driven, the shift we made was to make the function of QC more focused and standardized. Essentially, we more than double the watchful eye on quality control because we are adding it to the already ever-present Superintendent’s processes on quality control. Add this to every employee’s aim to “build it like they own it” and we greatly reduce the risk for future issues to arise.

Today our one-man QC program gathering information and figuring it out, has grown to three – Jerry Barr, Levi Connolly and Isaac Zornes, is a formalized program complete with standard operating procedures and a new leader, Jack Makarchek to take them to an even higher level! Good job to our QC Team!

Apprenticeship Class



Mark Harrington, John Peters, Izayah Moriguchi, Brayden Dugger, Jon Baugus, Tanner Dugger, Kenyan Hansen, Adam Hastings.



Upcoming April Class

Date: TBD April, 2018 (Saturday)

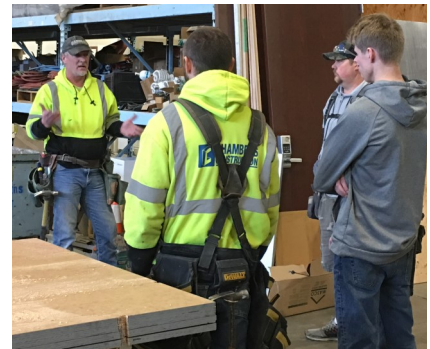
Time: 7:00am-3:30pm

Topic: Floor Systems

These classes are open to all Chamber’s employees and they will be paid for their time. Please contact Mark for more information.

mharrington@chambers-gc.com

or 541-972-0997

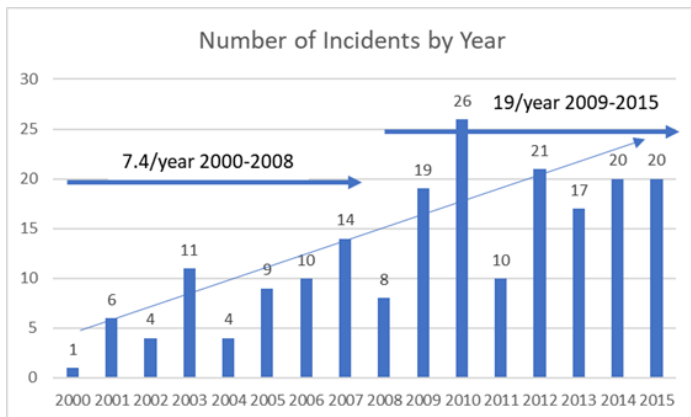




Act and Survive

This is part 1 of a series on active shooters. The majority of the information comes from a presentation given by Rob Berryman at the 21st Annual AGC/CFMA Conference in November 2017 (with his permission). Mr. Berryman is a Certified Safety Professional, has 26 years of experience in construction safety and is a veteran of the US Navy Submarine Service, where he spent six years on nuclear-powered attack submarines. In his personal time, he teaches firearms safety and self-defense with firearms for the National Rifle Association.

Active shooter events have become all too commonplace in today's society and no matter your politics, you should be educated on active shooters including demographics, workplace violence, warning signs of potential shooters, how to develop a defense strategy of "run, hide, fight," the use of "improvised weapons," how to contact law enforcement and how to act when they arrive because you don't know when you might be caught up in an active shooter event. Unfortunately, a lot of people who thought, "it won't happen to me" believe quite differently now.



What is an Active Shooter situation?

According to the US Department of Homeland Security, "an active shooter is an individual actively engaged in killing or attempting to kill people in a populated area; in most cases, active shooters use firearms and there is no pattern or method to their selection of victims."

Where do these shootings occur?

- 70% in commerce/business or educational environment.
- 27.5% occurred at businesses open to pedestrian traffic (no real security). In those cases, 68% of the shooters were not employed by the businesses (more random).
- 14.4% occurred at businesses closed to pedestrian traffic (some security in place); 22 of the 23 shooters were employed or previously employed at the business.

Shooter Demographics:

- All but 4 (2%) incidents involved a single shooter
- Shooters targeted family members, current, estranged, or former wives as well as current or former girlfriends in approximately 20% of cases.
- Only 4% of the shootings involved female shooters.
- 40% of the shooters committed suicide to end the event.

Suicide Prevention is important because construction is the 2nd leading industry for worker suicide with 4,000 per year. According to the National Action Alliance for Suicide Prevention, there are 2 types of suicidal people. The 1st feels their death will benefit others. A smaller group sees it as an opportunity to right a *perceived* wrong on their way out. People can progress from the first state to the second state. Active shooters are almost always in the second state of mind.

There are often warning signs prior to the actual event that those involved later mention. These crimes are so random and heinous that the mistaken belief is that the individual just snapped. Nobody snaps – there are warning signs prior to the event. Behaviors are leading indicators of a potential problem. It's important to speak up, to bring it to the attention of the proper authority (a business owner, the principal of a school, the HR director, the police, etc.). 50% don't speak up or act until after the active shooter event has occurred.

Your action is critical to the best outcome. In the next part we will look at why it's so important we act if in an active shooter scenario and some of the actions we can take. Mr. Berryman has viewed many active shooter messages available on the web and has found "**Run Hide Fight**" by the City of Houston to be pretty accurate (they depict a shotgun which isn't typically the weapon of choice but it gets the point across) and a little less graphic than some out there. You may want to google that ahead of the next issue. Stay safe out there!

Chambers Construction

9 7,751

HOURS WORKED
WITHOUT INJURY
OR INCIDENT

2/28/18

News

4 Your Health

A Look at Nutrition

March is National Nutrition month. It is all about making healthy choices. Providing healthy meals that your family will eat and finding time to be active can be a challenge to most people. The dietary guidelines suggest that we eat from food groups that include grains, vegetables, fruits, dairy and proteins. Eating from these five food groups everyday can lead to good health.

You can build a healthy eating style with the right mix of food groups. Focus on the

amount of food that you eat and choose foods and beverages with less saturated fats, sodium and added sugars. Reading nutrition labels will give you useful information on the foods you are eating. These facts can guide you towards the foods that are good for you.

Making small changes over time in what you eat and the amount of activity that you do will add up to giant steps towards making these things a habit in your daily life. Some ways to make these habits successful are to be realistic and specific about your goals. The family can set up goals for themselves. Tips on reaching these goals can include family members take turns planning a meal and preparing it.

GO OUT AND EXPLORE YOUR NUTRITION CHOICES AND HAVE FUN DOING IT!



Wellness Employee Spotlight



“My main reason for participating in the Polar Plunge was to meet a few more folks from Chambers. I want to be part of the Chamber’s team, so the decision was to be “A part of” instead of “A part from”, it ended up being pretty fun and I brought my wife with me to introduce her to our new work family.” - Doug Sullivan

\$50 DRAWING

Wellness Employee Spotlight in Chamber’s Newsletter will highlight one name drawn from the participants of the previous 2 monthly wellness events and they will receive \$50.00

Congratulations to Doug Sullivan for participating!

Upcoming Wellness Monthly Events—March/April 2018



Self-Defense Class

Date: Saturday March 17, 2018
Event Schedule: 2-4 p.m.
Location: 5640 Main St - Springfield,



Stronger Together 5k Walk, Run, & Roll

(Benefitting Ronald McDonald House Charities)
Date: Sunday April 22nd, 2018



Eugene Marathon 5k, 13.1mi, 26.2mi

(Benefitting CASA)
Date: Saturday April 28th/29th, 2018
Event Schedule: 8:00 am Saturday (Kids Duck Dash),
 8:30 am Saturday (5k Run/Walk - All ages)
 7:00 am Sunday (13.1 & 26.2 Mile Run/Walk)
Location: Hayward Field - Eugene, OR

****If you want to participate in a different event, let us know; we will work with you.**

wellness@chambers-gc.com



2018 Truffle Shuffle—Darren Babcock, Jenna North, Janelle Welling, Scot Moore, Darell Stinson, Erin Lawrence with family and friends.



2018 Polar Plunge—Darell Stinson, Jenna North, Erin Lawrence, Doug Sullivan, Kim Cailteux, with family and friends.

itb+ IT Bytes

Excel Tips and Tricks

Excel is such a powerful tool that we may not scratch the surface of what's fully possible. When you want to add today's date, do you struggle with the formula? How about the time? Have you created a spreadsheet, presented it and THEN noticed the spelling errors? Have you created a spreadsheet vertically, only to decide horizontal would have been better? For these and a few other tips and tricks, see the box to the right

Excel Tips and Tricks	Function
Keyboard Shortcut	Function
Ctrl + Shift (arrow key)	to get all data above, below, or beside cell in a row selected
Ctrl + ;	Inserts today's date
Ctrl + Shift + :	Inserts current time
Ctrl + 5	Applies a strikethrough to the text in a cell
Shift + F10	Opens the right-click menu for the cell you're in
F2	Edit currently selected cell
F7	Runs spell check on entire worksheet if only one cell is selected
Ctrl + 1	Opens Format Cells dialog box
Transpose Data (copy & paste)	Copy data - Paste Special - Transpose = will take data from column and change to a row or change a row into a column
AutoFill a Formula	Click and hold on the square on the bottom right corner of the cell containing the formula then hold, drag and drop to desired end location(s)
Instead of wrapping text in a cell - force a carriage return	Alt + Enter while editing cell
Center Across Selection	Instead of Merging Cells, this limits inserting & deleting columns and rows, simply format the cells alignment to "Center across selection". Ctrl + 1 to open Format Cells dialog box - Alignment tab - Horizontal Text Alignment set to "Center across selection"



Trivia Drawing

The last trivia question had several employees submitting guesses, but no one guessed the correct answer of Wildish Sand & Gravel as being our longest term subcontractor relationship.

See how many English to Spanish construction terms you can match up!

- | | |
|----------|-----------------|
| riser | tornillo |
| stud | viga |
| post | vigueta |
| joist | correa |
| ladder | semental |
| gutter | turbo de subida |
| purlin | hornmigon |
| concrete | enviar |
| girder | canal |
| bolt | escalera |



For a chance to win this time, correctly answer as many as you can and contact Pam Hansen by April 10th at phansen@chambers-gc.com or call her at 541-868-8521 to be entered into a drawing for \$50.00!

Project Spotlight

Jasper Mountain Castle Renovation

Jasper Mountain is a treatment facility with programs for emotionally disturbed children and their families. Services include an intensive residential treatment program with a therapeutic school, a short-term residential center, community based wraparound program and crisis response services. The facility in Lowell, Oregon is used by social service agencies as far away as Seattle to place children in severe need of support services.

In 2009, Chambers Construction replaced the play structure for Jasper Mountain. Using a 3,000 square foot pre-engineered Butler building, we upgraded the space and shelter that had been housed in an ageing wooden horse barn on the property.

We were approached in 2017 to take on an even more significant project for the treatment community. The central place at Jasper Mountain is a three-story building built at the top of the property's hillside. It has a commanding view of the Middle Fork of the Willamette River and is called the "Castle Building" by staff and residents. The building is a gathering place for the community that has a large open area on the main floor featuring a tall stone fireplace and a kitchen to prepare food for onsite events. Upstairs are smaller instruction rooms. The castle-like position of the building on the top of the property functions as a main space for everyone at Jasper to gather.

The renovations to the Castle Building required establishing an early budget because costs were absolutely critical. In the office we worked with each bidder to find the best value for the owner. Because of the setting and the needs of the kids at Jasper Mountain we also needed to make sure we had a capable and dedicated team of subcontractors that understood flexibility and dedication to the end goal were of critical importance. Pricing was very competitive for the project and included a significant amount of material donations. All of the exterior wood siding for the renovation was donated.



Castle Building

The work consisted of new exterior siding over existing, a complete re-roof with metal roofing, modifications to main east front entry and modifications to the south deck. Stone veneer was added to the exterior and castle touches were added to all areas of the exterior.

Mel Taylor worked with the staff to make sure that the safety and security of the kids in this sensitive campus environment was always maintained. In this unique construction environment, Mel also worked with John Wright on all of the schedule changes, accommodations to gifts-in-kind and material donations to keep the job running smooth while behind the scenes everything was evolving on a weekly basis.

The ribbon cutting for the completed job was held as a celebration of the renovation as well as Jasper Mountain's 35th Anniversary. Chambers was recognized for our commitment to projects that help the community and the ability of our team to meet all challenges from a team perspective.

Great job John Wright, Mel Taylor, Scot Moore, Horacio Garcia, Ron Hartman, Brandon Hilburn-Taylor, Anthony Johnson, John Roe and Ken Smith!



Jasper Mountain

Looking Back...

First Baptist Church



First Baptist Church on Coburg Road north of the Beltline was built using structural systems of wood framing, structural steel, masonry and pre-engineered steel. The entire building program area is over 80,000 square feet.

The main scope of the project included an auditorium shell area, a second story balcony overlooking the auditorium and a backstage choir wing. The foyer area connects to the third floor which has classrooms. Seen from above, the church is organized in a cross shape and rich wood finished carpentry was used throughout the foyer and second floor walkway; the most public spaces. The finish work was led by one of Chambers' finest carpenters, former employee Randall White. The interior entry is beautiful and Randall was nominated for an AIA-SWO Craftsmanship Award.

First Baptist Church entered into contract with Chambers Construction to build the majority of the project. Richard Trickey was also hired for some project scope. Chambers began in August of 2002 and completed the project in October 2003. All electrical, mechanical, plumbing and fire sprinkler was design-build.

Gary Wildish was the Project Manager for the CM/GC job and coordinated with the design team early to ensure there were no gaps in the systems being selected for construction. The church design also called for a Young Adult wing for middle school and high school aged kids and it was decided to use a Butler pre-engineered steel building system for that portion of the project. Plans also called for a future choir shell of approximately 5,000 square feet.

Chambers' superintendent Dennis Barrett worked with Wildish Construction, Hap's Masonry, Haas Contracting, New Way Electric, Al's Sheet Metal, Omlid & Swinney, Benny Bartel, Harvey & Price, Willamette Graystone, and Evergreen Roofing. Dennis had assistance from Project Engineer, Rob Braziel.



The complex auditorium-scale church and its many support wings and staffing areas was built within its budget and on schedule due to a successful CM/GC planning process and through execution by our field staff. First Baptist Church is an exceptional building with strong street presence from Coburg Road built by many of our excellent local subcontractors and Chambers Construction.



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