

**Presidents Message**



**Dave Bakke, President**

Whew, 2016, what a year. I don't think there is anyone at Chambers who wasn't pushing it full throttle last year. In the office and in the field, many an evening and weekends our Teammates were working long and hard to keep up with a string of record months in volume of work completed. Not many got a break between projects, as one is completed another is starting. Adding qualified manpower was, and is, hard to come by. All aspects of the company have been stretched.

We completed some great projects. Serenity Lane was monumental. The company started working on that project in 2006. Over many years of estimating, project delays, a recession and finally to get

it built and completed on schedule and on budget was a great accomplishment by Frank and his Team. Pleasant Hill Schools was an extremely difficult project. Permitting delays, design inconsistencies, turnover of manpower were all obstacles. In the end, Brian's Team pulled it together and completed the project. U of O Central Kitchen was the first true Design/Build project the U of O had attempted; we completed it on time and under budget. Caddock Electronics, also an extremely difficult project with high expectations from the Owner, Pat and his Team came through. Pete Moore Hospice House, another extremely difficult project that when completed was exceptional. These and many other projects were completed, all successful, all with satisfied clients.

What's uplifting about all the projects completed is how Chambers gets is done. It's not only the Project Teams but the company as a whole. Marketing, Estimating, Accounting, Business Development, Contract Administration,

Field Management, Safety Management, Project Engineers, Project Managers, Carpenters and Laborers. Everyone in the company has their finger on each and every project. Every Team Member gets the credit and every Team Member should be proud of what we've accomplished.

2016 also saw the end of an era at Chambers; Paula Manning retired. Paula was the cornerstone of our accounting department. She was always the rock that wouldn't budge. She was also a great teacher for the inexperienced. Always willing to help and explain the processes, and why the processes were so important. She will be missed.

Bring on 2017, it will prove to be another full throttle year. We have lots to do and lots to look forward to. I hope you all got some good rest over the holidays, you'll need it!

Regards, Dave B.



**Oakway Center Hyatt Place Hotel**

Dave Bakke/Scot Moore/Jon McCoy/Darell Stinson/Jerry Barr/Mel Taylor/ Levi Connelly/Kellie Norris/Erin Lawrence/

**River Road Elementary School**

Frank Travis/Scot Moore/Dennis Montgomery/Nancy Thornton/Jason Londo/Isaac Zornes

**Yogi Tea**

Pat Duerr/John Wright/Scot Moore/Jack Makarchek/Jon Baugus

**Paktech Cottage Grove Renovations**

Chris Boyum/Dave Hoffman/Scot Moore/ Don Brockmann

**Milland Properties Building H**

Chris Boyum/Dave Hoffman/Scot Moore/Kevin Belden/Jason Londo

**Pastini Pastaria**

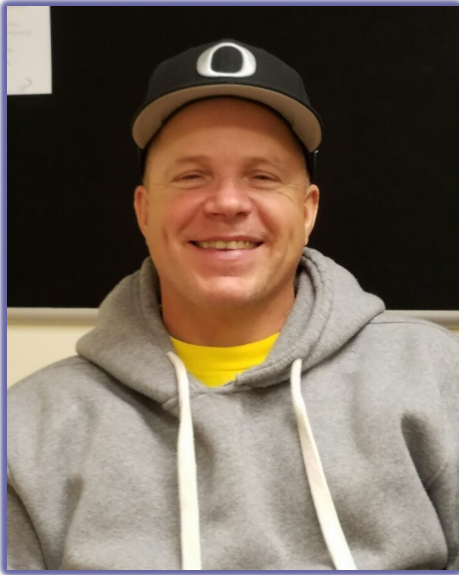
Dave Bakke/Scot Moore/Jon McCoy/ Tim Jacobs/ Kellie Norris/ Erin Lawrence

Chambers Construction

105,464

**HOURS WORKED  
WITHOUT INJURY  
OR INCIDENT**

## Employee Spotlight



**Robert Sweeney Joins the Team**

Robert Sweeney has been working for Chambers Construction for approximately 5 months. He is currently working on the Yogi Tea project as a carpenter. His previous employment includes sales at Willamette Valley Graystone and Mid-Valley Glass. He owned his own business, A-1 Fence for 15 years until the recession in 2009. He has since been working in various construction related jobs.

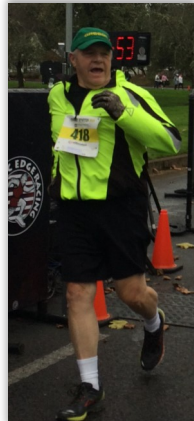
Rob gained his construction experience from working with his grandpa who owned a hundred -acre dairy farm near the Columbia. He began working on tractors and haying. He acquired some of his carpentry skills building a barn for the farm. He really enjoys being part of a project from start to finish.

Rob lives in South Eugene and is close with his parents and siblings . They enjoy watching Oregon football and basketball together. Rob has been a Duck fan for many years. He is very active with snowboarding, skiing, golfing, basketball, power walking and hiking. He enjoys cooking and his favorites dishes are enchiladas and lasagna. He loves spending time with his black lab named Chocolate.

When asked what he likes most about working for Chambers he replied the wellness and safety programs and working with people as part of a team. He resonates with our president’s statement that “being part of a successful team is a great feeling and something to be proud of.” Rob’s motto for life is “positivity can be contagious.”



Erin Lawrence



Dave Hoffman



Nancy Thornton

**2016 Turkey Stuffer**  
Chambers employees with family and friends.



Phil Finzer



Pam Hansen



Eric Stevenson



Tana Baker

### Feb/Mar Anniversaries

Pat Duerr. . . . .	27
Brent Shjerve. . . . .	19
Tana Baker	15
Levi Connolly	13
Kim Cailteux	10
Brian Anderson	3
Jason Londo	3
Crispin Nunez	2
Leroy Wyant	2
Todd Keffer	2
Kevin Manning	2

### Birthdays

Shawn Hussey	2/3
Kevin Belden	2/14
Kellie Norris	2/21
John Wright	2/21
Dave Bakke	3/1
Scot Moore	3/7
Steven Serjeant	3/7
Ted Corbin	3/18
Nancy Thornton	3/18
Brian Erickson	3/20
Dave Hoffman	3/21
Mike Hogenson	3/26

## Employee Spotlight



*Bob Billings—Yogi Tea*



*Ryan Briggs—PakTech*



*Tim Jacobs & Kellie Norris—Oakway/Hyatt/  
Pastini Pastaria*



*Darell Stinson & Erin Lawrence—Oakway/ Hyatt*



*Leroy Wyant—Yogi Tea*



*Mike Barr—Oakway/Hyatt*



*Isaac Zornes—Yogi Tea*



*Brian Anderson—Chief Estimator*



*Jason Londo—River Road Elementary*



### Chambers' Employees Attend World of Concrete

Tim Jacobs, Cassandra Dare and Jason Londo are attending WOC in Las Vegas the week of January 16. This important annual international event features the latest in concrete products, materials, equipment and techniques, along with

show casing construction technology and offering safety training.

The cost of concrete work on projects under contract for us in 2016 was \$18.7 million, roughly 12% of total contract value. We regularly self-perform concrete work, as well as oversee subcontractors placing concrete on our projects so it's in our best interest to stay on top of that sector of work. This conference gives us the opportunity to increase our knowledge base of concrete from the Pacific Northwest to an international level and incorporate new

practices that would apply in this area with the type of concrete work we do.

By attending the WOC conference we can get questions answered, get hands-on with the latest products, network with other experts in the field, and learn about the latest techniques and trends in the concrete market. Last year Don Brockmann, Phil Finzer, Shawn Hussey and Dennis Montgomery attended then shared what they learned in a superintendent's meeting for the benefit of all our supervisors.



## News

### New Years' Resolutions – Making Them Reachable & Achievable from Health.com

A week into the New Year, just 77 percent of resolution makers are still on track. Outsmarting the odds means setting doable goals, then breaking them down into reasonable steps. For example:

**Reboot your diet** – Be prepared.

**Don't focus on subtracting food** – Try adding more fruits and vegetables on your plate, so the resolution is a positive action that you can perform over and over.

**Do a kitchen cleanse** – Toss unhealthy products (chips, sugary granolas, sodas etc.) from your pantry, fridge, car and

office. Then restock with good-for-you options, like carrots and air-popped popcorn.

**Plan for snack attacks** – Before leaving for work, pack a 200-calorie protein-complex carb snack in your bag. Then, when a snack attack strikes, you'll have a go-to treat to avoid unhealthy office snacks.

**Reboot your workout** – Get-in-shape goals tend to fizzle as early as the third week of January. People who are successful are more likely to view fitness as a permanent lifestyle change, not an activity they can give up once they reach a number on the scale.

**Make a to-do't list** – After you write out your to-do list for the day, ask yourself which tasks really need to get done – and which aren't realistic or important. The latter constitute your to-do't list.

**Pencil in bedtime** – Most of us don't think of sleeping as actively doing something, so we don't plan it. When you put

it in your calendar it becomes a priority, the same way your gym time and work meetings are priorities.

**Keep a fatigue diary** – Once you pinpoint the time of day you feel draggy, you can make adjustments. For example, if you're tired in the afternoon, you need to rethink what you eat for lunch or try to drink more water.

**Share your battle** (not while at work) – Social networks function as an audience to cheer you on and offer advice. A study found that people who "friended" others lost at least 7 percent more body weight than the less social folks.

**Do more with Google** – It's not just a search engine. Google Calendar lets you set a firm bedtime, and it can ping you when it's time for your time-out. Google Maps helps you gauge the distance, terrain and incline of a new running route. Download the Google app to turn your phone into a nutrition database or fitness class finder.

## itb+ IT Bytes

### What Gobbles Up Data on Smartphones

The list below shows the amount of commonly used data:

Activity	Usage	Ave Data Size
Email	No attachments	10 KB
Surfing the Web	1 min	250KB (15MB/hr)
Music Streaming	1 hr	60MB
Spotify	1 music track	5MB
Music Download	3 ½ min @ 192 kbps	7MB
Facetime	1 hr	480MB
Facebook	15 min - no streaming	5MB
YouTube	4 min	11MB
Netflix	1 hr	1GB

1,000KB = 1 MB

1,000MB = 1 GB

1,000GB = 1 TB

1-2 GB data plan needed if you.....

- Email
- Upload Photos
- Facebook
- Surf the Web

5+ GB data plan needed if you.....

- Stream Music
- Stream Podcasts
- YouTube

*Note: figures vary depending on personal habits & phone.*

Follow these tips for managing your data usage:

#### Adjust your Wi-Fi settings

Check your settings so you'll automatically connect to a **secure** Wi-Fi network when you arrive at home or the office. Secure Wi-Fi requires a password and you knowing the Wi-Fi is not a public operating system such as Starbucks, McDonalds, and hotels

#### Use Wi-Fi for big files

To take full advantage of Wi-Fi, make sure you're using it when downloading large files. Some apps can be more than 100MB, and downloading them on a network connection will eat up data quickly. **Wi-Fi is needed for the larger updates to phones and iPads.**

#### Manage your notifications

You probably get a lot of notifications and other alerts on your phone or iPad, which can also consume data. When you don't need them, be sure to disable email and push notifications, automatic app updates and your device's GPS.

#### Shut off your apps

Closing apps when you're done using them can also reduce data usage.



The need to be seen is critical for each and every construction worker's safety. This is especially true for employees who work around moving vehicles and/or equipment.

In an effort to prevent injuries and fatalities from "struck-by" hazards, workers wearing high-visibility garments help alert vehicle operators of their presence, especially in low-light environments.

ANSI/ISEA 107-2015 (American National Standards Institute/International Safety Equipment Association (ANSI/ISEA) breaks down high-visibility apparel into Types and Performance Classes. The environment in which the worker is wearing the garment dictates the type selected.

For purposes of general types of construction typically performed by Chambers Construction, the focus is on Performance Class 3 apparel. Performance Class 3 apparel offers the greatest worker visibility in both complex backgrounds and through a full range of body movements. This type of apparel should be worn when conditions include highly congested areas, multiple types of equipment in motion, and/or complex work zones affected by inclement weather. Since Class 3 apparel must have either sleeves or trousers, visibility for Class 3 apparel is enhanced beyond Performance Class 2 by the addition of background and reflective materials to the arms and/or legs.



### Example of Performance Class 3 Apparel

High-visibility garments should be worn over other clothing, to be seen clearly and should not be so loose that it could become entangled in any type of moving mechanism. Keep in mind that all high-visibility items have a limited lifetime that varies with use. Garments should be replaced or repaired when they are torn, noticeably faded, soiled, cracked, burned, heavily abraded or damaged. The company provides this important personal protective equipment ("PPE") to all field employees. See Scot Moore if you need replacements between disbursements of high-vis clothing.

### Construction Trivia Question

#### What is a nail with a double head called?

Send your guesses by 2/10/17 to Pam Hansen at [phansen@chambers-gc.com](mailto:phansen@chambers-gc.com) or call her at 541-868-8521 to be entered into a drawing for a \$25 gift card.

Congratulations to Erin Lawrence for winning last issues question with the correct answer of "stringers". 5 people submitted the correct answer, with Erin's name drawn for the prize.



### Chambers Sponsors American Red Cross

Chambers is a corporate sponsor to the American Red Cross for the "Prepare Out Loud" campaign to promote people *talking about*

earthquake and natural disaster preparedness at home and the office. The information is a reminder that a large earthquake is a disruptive event long after the shaking stops.

In the Pacific Northwest preparedness extends to the days after the earthquake where there may not be electricity or safe travel or available fresh food.

Discuss your disaster preparedness with your family and friends. Start a dialogue.

Talking with others is the best way to make sure you are taking steps to be more prepared.

The recent ice in our area left many people without power at homes for days, but consider compounding that with possibly no communication systems, no means to travel, or stores closed in your area. Large earthquakes in the Pacific Northwest have that potential.

As part of our sponsorship to the Red Cross, Chambers Construction will host a "Prepare Out Loud" in February at our main office. The presentation provides general information about earthquakes and detailed information about what to begin talking about at home and at the job. Stay tuned for further information about this upcoming event and consider checking out Google Play or the App Store for Red Cross applications for your mobile device.

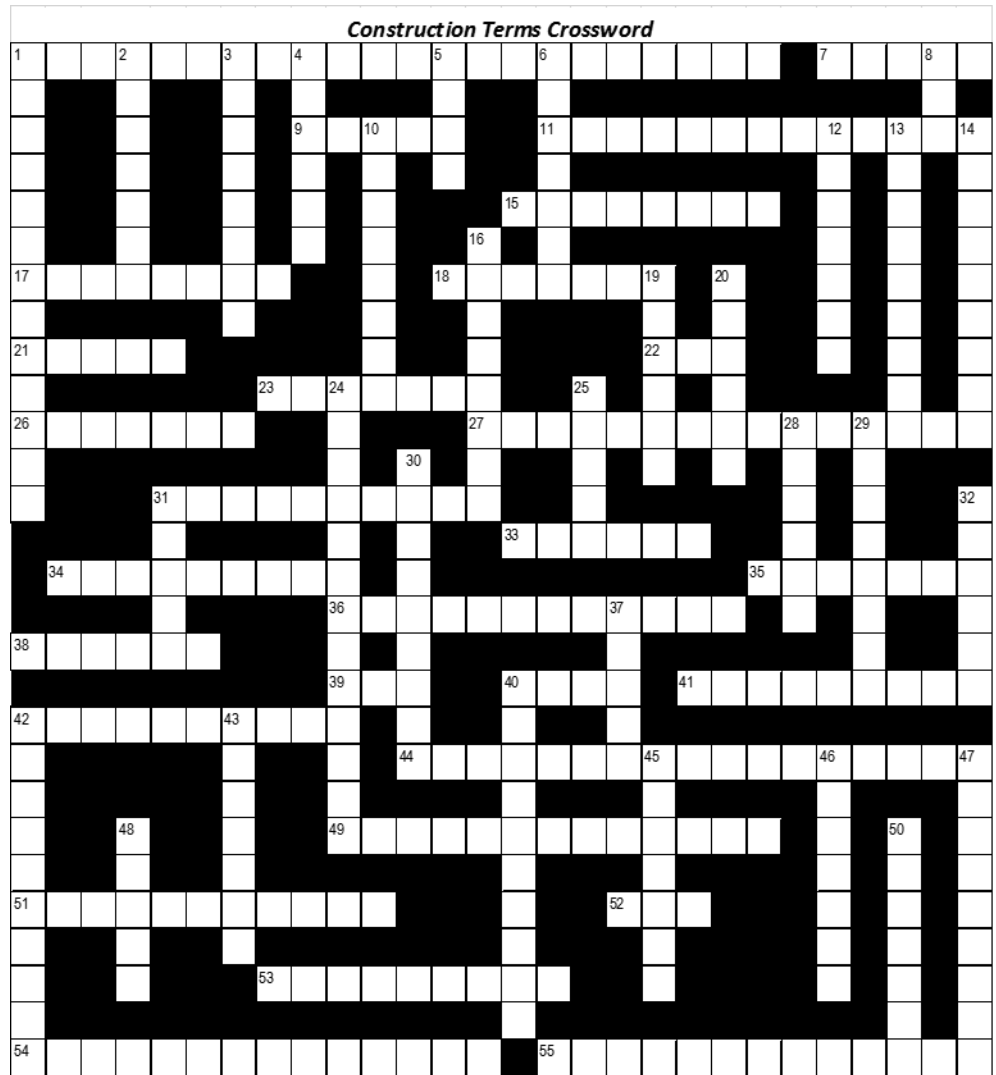
## Brainteaser

### Across

1. Additive
7. Measures
9. Fixed oval window
11. Masonite
15. Solid materials settlement
17. Connected form panels
18. Bearings metal
21. Silty material
22. Equip
23. Little or no fine aggregate
26. Hammer on steroids
27. Begin
31. Hipped gable
33. Strike off
34. Ground work
35. Inflated and hollow
36. Separation of plies
38. Arch support
39. Resistant
40. Rough-coat with plaster
41. Granular
42. Protective apron
44. Wye
49. Type of saws
51. Nonbearing skin
52. Nailing block
53. Dividing wall
54. Extruded drawn billet
55. Balance

### Down

1. Air space
2. Overhead
3. Machines wood members for mortise
4. Exterior face
5. Outer cover
6. Thin layer of concrete
8. Surface binder
10. Ability to attract
12. Process to remove outgasses
13. Easily modified
14. Plywood stacked flat
16. Resin varnished
19. Receives and distributes weight
20. Rainwater trough
24. Rectangular stonework
25. Vertical between treads
28. Rough stones
29. Weather control element
30. Large hewn stones
31. Small opening in door
32. Engages deadbolt
37. Type of saw
42. Deters passage
43. Move vertical while 360 slewing



45. Coffin in ceiling
46. Beveled edge right-angle corner
47. Handrail top & bottom support
48. Used to shape circular pieces
50. Ornamental strip

*Answers in next issue*

### Name the Newsletter Contest Winner

**Congratulations to Paula Manning who submitted the winning name for the "name the newsletter" contest. Paula won a \$100 gift card for Fred Meyers!**

**Thanks to all who made suggestions, we had over 30 great entries to choose from!**

## Project Spotlight

### Pete Moore Hospice House



The Pete Moore Hospice House was completed in December 2016. Cascade Health's new facility in Coburg is designed to resemble a beautiful home that is comfortable to both patients and their loved ones. Hospice House has 14 patient rooms, a great room, a family room and a den in addition to the staff areas, clinic support spaces and nursing stations.

Construction of the 17,000 sf wood-framed building was overseen by Pat Duerr, Tim Jacobs and Cassandra Dare. Cascade Health brought a significant number of in-kind donations to the project and the Chambers team worked with the owner to incorporate each of the materials into revised cost tracking and available opportunities in the construction schedule. Pete Moore Hospice House is one of many examples of Chambers' CM/GC processes bringing extra value to our clients' projects. In addition to incorporating high-end finish materials, early

sitework challenges were met by Jon Baugas and the building's slab prep and pours executed by Mark Harrington and Todd Keffer. Tim Jacobs relied on strong help from the Chambers team as value engineering discussions were still in full force with the owner even though construction was underway.

Pete Moore Hospice House is a place for end-of-life care and as all of the donations came in and the build-out of the design began to fully take shape, all of the hard work at the Owner/Architect/Contractor meetings continued so that the project schedule could be protected. At the end of construction, subcontractors brought extra effort. Cassandra worked through last minute approvals for products. Weather brought challenges for site paving that Tim and Ryan Briggs met head on and made happen despite long odds.

Photos of the project show beautiful interiors, serene grounds on a relatively small site and a consistent level of craftsmanship on all phases of the work. CM/GC at its finest by the Chambers team and our selected subs made the final product a success! Cascade Health was an excellent client and we are sure to work with them again.



**"Nice job" by all involved!**

Many skilled Chambers' employees contributed to the construction of this beautiful project: Leroy Wyant, Crispin Nunez, Steven Serjeant, Gregg Wallsmith, Gary Martin, Todd McNally, Horacio Garcia, Ron Miner, Adam Hastings, Bob Billings, Mike Hogenson and Jerry Barr. Pam Hansen provided contract administration and close outs. Scot Moore kept the project staffed, supplied and safe.

### Looking back...

Our first retail center for Jerry's was a renovation and reconfiguration of their Home Improvement Center while the business was in operation. Dave Bakke oversaw the work.

In 1996 Jerry's hired Chambers to build their new 147,000 square foot Eugene store and demolish the old one. The design was a combination of tilt construction and pre-engineered steel roofs, which proved the perfect combination.

In 2002, Jerry's again hired Chambers and Dave Bakke completed his third Jerry's project, this time in Springfield.

Dennis Orem, President of Jerry's Home Improvement Center, said of our work, "We turn to Chambers for all of our construction needs because of their proven performance. They deliver what they promise."



**Jerry's Home Improvement Center**

## Project Spotlight

### Serenity Lane Won the AIA People's Choice Award for the Public/Institutional Category !

Each year, the American Institute of Architects, Southwestern Oregon Chapter (AIA-SWO), in collaboration with the Willamette Valley Section of the American Society of Landscape Architects (ASLA), sponsors the **People's Choice Awards for Architecture**. These awards aim to educate and inspire our fellow citizens by showcasing architecture, interiors, and landscape architecture projects created within the Southwestern Oregon area.

This year marked the 27th year of the AIA-SWO People's Choice Awards, drawing 26 entrants across 8 categories. Presentation boards for the projects were displayed throughout the month of October. Voting occurred both in person and also online via AIA-SWO's website.

Congratulations to Serenity Lane and TBG Architects for winning the prestigious award! Congratulations to the Chambers team who brought this beautiful design to life! "Nice job" goes out to Frank Travis, Jack Makarchek, Tim Jacobs, Cassandra Dare, Jason Londo, Kim Cailteux, Gregg Wallsmith, Ron Hartman, Jerry Barr, Gary Martin, Anthony Johnson, Todd Keffer, Leroy Wyant, Horacio Garcia, Ron Miner, Ryan Briggs, Mike Hogenson, Adam Hastings, Steven Serjeant, Darell Stinson and Paul LaRose.



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